

BE CONNECTED

i n e e d c o m m u n i t y

New!

SUNDAY BRUNCHES

MinnCoDA resumes Sunday brunches! Each month we meet (usually 3-15 people) to enjoy weekend brunch together. Newcomers and members welcome.

Kicking off Sunday, March 26th at Crossroads Deli in Minnetonka. (Next up April 30th and so on)

When? The last Sunday of every month at 12:00pm

Where? Crossroads Deli, Minnetonka

Visit minncoda.org/meetups



New!

MINNCODA MEETUP GROUP

There is now a private MinnCoDA group on Meetup.com! Joining the MinnCoDA group on meetup.com is another way for us to have fun, socialize with our recovery network, and practice the Recovery Patterns of Codependency.

Join at [meetup.com/minncoda](https://www.meetup.com/minncoda)

- Create a free account at [meetup.com](https://www.meetup.com)
- Go to www.meetup.com/minncoda
- Click Request to join
- Answer a few verification safety questions
- See considerations for using meetup anonymously on the back of this flyer.

Most regular MinnCoDA Fellowship events will still be posted on MinnCoDA Band app and website. FYI some impromptu social events may only be listed on the group via [meetup.com/minncoda](https://www.meetup.com/minncoda).



GUIDE TO USING MEETUP.COM ANONYMOUSLY

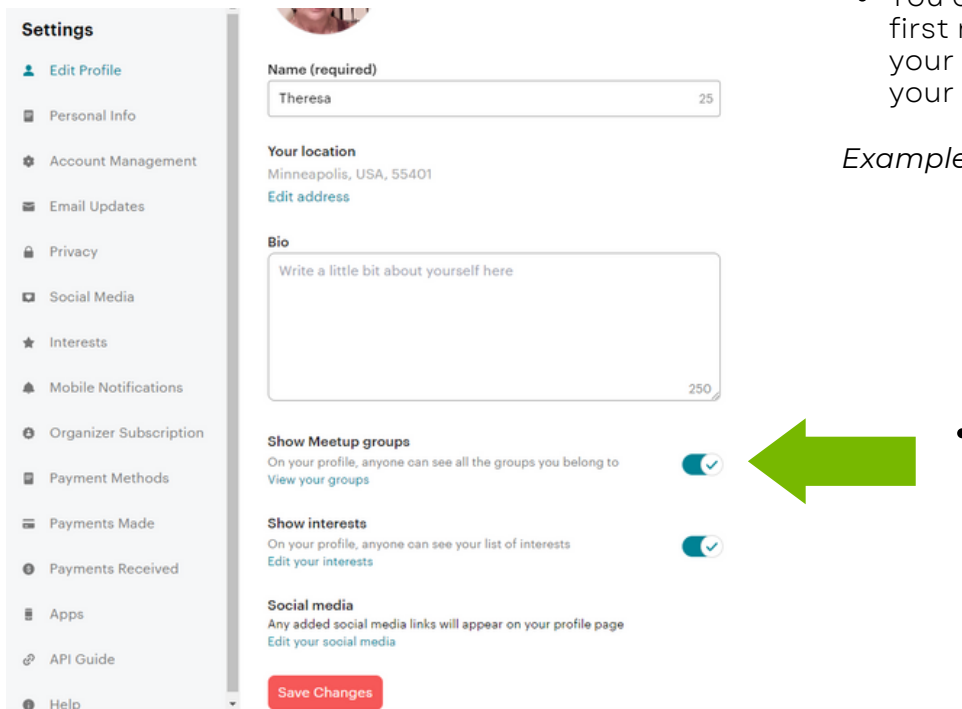


For some, it is important to keep their anonymity while using Meetup.com. There are several ways one can remain anonymous and still benefit from MinnCoDA Meetups on the Meetup.com platform.

MinnCoDA's group on meetup.com is a community forum **only for** MinnCoDA members attending meetings including newcomers. It is not used for Step 12 outreach, public access, or 13th stepping (dating).

- You can use an alias name when setting up your Meetup.com profile

Example: Real name is John Doe
Alias name is Josh Doe



- You can use your first name only or first name with the first letter of your last name when setting up your Meetup.com profile

Example: Lynn T. or Lynn

- You can toggle ON/OFF showing your Meetup.com groups on your profile under "Edit profile" settings

Join at [meetup.com/minncoda](https://www.meetup.com/minncoda)



MinnCoDA

Minneapolis, MN
members · Private group
Organized by Theresa and 3 others

Share: [f](#) [t](#) [in](#) [e](#)

Request to join



- You may also be comfortable with people knowing you're in MinnCoDA. Each of us are on an individual journey.

