

JANUARY 21, 2023 INTERGROUP MEETING

Voting Group Representatives Present:   9   groups represented at the meeting.

<b>Chaska (Thurs-In person) (MN061)</b>	<b>Boundaries/Beyond- (Thurs-Zoom) (MN099)</b>	<b>Edina (Wed-In-person) MN016</b>	<b>Elk River (Tue-In person) (MN100)</b>	<b>Fridley (Sunday-Zoom) (MN078)</b>	<b>Golden Valley (Mon-Hybrid) (MN005)</b>	<b>Lake Elmo/East Metro (Thurs-Zoom) (MN094)</b>				
	Charlotte	X	Libby		LeeAnn	X	Jan M		La'Tosia	X
	Judy- sub		Wendy	X			Chris	X	Joseph (alt)	
<b>Lowry Ave-Mpls/ Promises (Thurs- Zoom) (MN101)</b>	<b>Maple Grove (Sat- In person) (MN068)</b>	<b>NE Mpls (Sat-Zoom)</b>	<b>Plymouth (Tue-In person) (MN095)</b>	<b>Prior Lake (Tues-In Person) (MN038)</b>	<b>Richfield Gratitude Club Mon-in person-7:30p) (MN042)</b>	<b>South Mpls (Tue-Zoom) (MN087)</b>				
	Maria M	X		Jen N	X	Rob	X	Jeanette		Melinda
	Bryan (alt)					Mark - alt				
<b>St. Paul Mac-pm (Wed-Zoom) (MN011)</b>	<b>St. Paul -Men (Mon-Zoom) (MN092)</b>	<b>St. Paul Mac-am (Wed-Zoom) (MN058)</b>	<b>Women in Re- covery (Wed. 12:30pm- Zoom) (WW561)</b>	<b>Keep Coming Back Mon. Night Zoom 7pm (WW607)</b>						
Joe S	Joseph		Patrice S.		Kay E					
Bill - alt	Matt S	X								

Officers Present:

<b>Chair</b>	Kim F	X	Secretary	X	
<b>Vice Chair</b>	Jen N	X	Treasurer	X	Roxanne

Please notify one of the Intergroup officers before disbanding or if you are starting a new meeting or know of one starting.

**If you are electing a new GSR please contact Kim F via email at [kfortney4198@gmail.com](mailto:kfortney4198@gmail.com) or via phone at 651-214-4198—she will add them to band as well as give overview information on GSR position including tutorial of band and where to see intergroup meeting dates; review by-laws; discuss intergroup procedures; copies of previous meeting minutes etc.**

**Submit any meeting changes:** Zoom to in-person, etc – please notify Roxanne to update MinnCoda.org

Next Meeting: March 18, 2023

Hosting Group will be \_\_\_\_??.?.?. Location-Edina Meetinghouse Church.

*Business and Agenda Item Reminders: Due to our limited time for business, agenda items must be submitted to the Secretary at least two weeks prior to the meeting.*

*Issues not on the agenda may be tabled for a later date. Please remember to discuss any upcoming motions at home groups to prepare for voting. Please remember to distribute meeting minutes from Intergroup to Home groups.*

**MOTIONS:**

<b>Motion</b>	<b>2nd</b>	<b>For</b>	<b>Opposed</b>	<b>Abstain</b>	<b>Other Notes</b>
Accept November minutes	X	5	0	1	Not all voting members present
Treasurer Proposal: 20% donation to CoDAWorld	X	9	0	0	
Jen N new 2023 Vice Chair	x	8	0	1	

**AGENDA:**

<b>Items/Topic</b>	<b>Discussion</b>	<b>Decision, Action Needed or Follow/Up</b>
<b>Intro</b>	<b>Opening Prayer Welcome and Introductions</b>	<b>New GSR's- make sure to connect with Kim Keep us up to date on any group changes from zoom to in-person</b>
<b>Approve meeting minutes from last meeting</b>		



<p>Planning Inter-group 2023 Continued from last meeting.</p>	<p>The purpose of Intergroup-Brainstorm Summary from November:</p> <ol style="list-style-type: none"> <li>1. Educate the fellowship on topics and help support healthy meetings.</li> <li>2. Provide accessible resources in various forms.</li> <li>3. Build the CoDA Community.</li> <li>4. Get the word out about CoDA and MinnCoda.</li> </ol>	<p>Brainstorm session notes:</p> <ul style="list-style-type: none"> <li>~GSR's share what's working/ not working @ Intergroup. GSR's submit agenda items for discussion.</li> <li>~CoDA literature - encourage use at meetings. Each group have a literature person. Description of literature as service position, and other jobs (trusted servants).</li> <li>~Workshops- collaborate with Intergroup</li> <li>~Step Studies - how to, tips/tricks and support, how to share about.</li> <li>~Traditions - how to better incorporate?</li> <li>~ Sponsorship Committee- added.</li> <li>~Host speaker meetings - quarterly?</li> </ul> <ul style="list-style-type: none"> <li>~ Approved CoDA literature-available at Intergroup and on website</li> <li>~MinnCoDa website-how can we improve it? (Already working on this!) More links to CoDA podcasts, etc?</li> <li>~CoRe publications-purchase literature here, money goes to CoDA</li> <li>~How can online groups share tips on literature?</li> <li>~Resource/Literature position within Intergroup?</li> </ul> <ul style="list-style-type: none"> <li>~Sponsorship Committee?</li> <li>~Regular fun events</li> <li>~How can people learn about Step Studies ongoing or new? How to start one? Promote on Band.</li> <li>~ Quarterly speaker meetings</li> <li>~Outreach to groups not represented at Intergroup.</li> <li>~How to make fellowship aware of Intergroup speaker meeting?</li> <li>~Record speaker and post on MinnCoda?</li> </ul> <ul style="list-style-type: none"> <li>~Podcasts for CoDA on our website</li> <li>~use language of the patterns to help folks understand codependency.</li> <li>~promote in places where people are - therapists, mediators, bulletin boards, libraries, churches, AA clubs, bathroom stalls, community education brochures</li> <li>~Share at other 12 step meetings</li> <li>~Social media</li> <li>~Group conscience on attraction vs. promotion</li> </ul>
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Items tabled for future meeting
