

The Serenity Prayer

Grant me the serenity to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.

The People Version

God grant me the serenity to accept the people I cannot
change

Courage to change the one I can.

And the Wisdom to know that one is me.

The Other Serenity Prayer

God, grant me the serenity to stop beating myself up for not
doing things perfectly,
the courage to forgive myself because I am working on doing
better,
and the wisdom to know that you already love me just the
way I am.

Longer Serenity Prayer

God,

Grant me Serenity to accept the things I cannot change,

Courage to change the things I can, and

Wisdom to know the difference...

Grant me Patience with the changes that take time,

Appreciation of all that I have,

Tolerance of those with different struggles,

And the Strength to get up and try again,

One day at a time.