

Hosted by: Edina

Location: Colonial Church, Edina

Chair: Roxanne

8 groups represented, 2 officers, 15 GSRs and 12 visitors in attendance

Start time: 10:10am

The speaker meeting followed the business meeting.

Host group received the 7th Tradition collection.

The meeting opened with the Serenity Prayer and introductions.

Agenda Items

Minutes from the previous meeting were approved.

Announcements:

- Remember that if your group is struggling, Intergroup is a good resource. **Please contact one of the Intergroup officers before disbanding your meeting.**
- New Monday 7 pm men's group started at St Paul Mac location. Check Band to get the flyer.
- New meeting starting in January on Thursdays at 6:30 in Lake Elmo/Woodbury area. Flyer will be posted on Band
- Thursday night No. St Paul Growing Freedom and Saturday morning Hazelden meetings are disbanding. St Paul was due to lack of people taking service commitments and Hazelden was due to loss of their location.
- Brief discussion held on ways to support struggling groups.
- If you have a passion for an area of service, we are eager to hear from you. Some ideas may be Hospitals and Institutions, New group start up or Young Member Support. Let us know what you are called to do and what help you need to get started.

Kyna shared about the 2018 CSC.

Some changes to note:

- All 12 Steps and Traditions must be read at a meeting to be considered CoDA endorsed.
- Only CoDA approved literature is to be used in CoDA meetings.
- The wording of the Welcome may change slightly in future printings of CoDA literature.

Fun Committee sharing activity: Members in attendance broke into 4 small groups based on the area their home group was located to brainstorm fun CoDA event ideas. Lists were shared with the entire group and passed on to the Fun Committee.

The 2019 calendar was reviewed. September 28th was accepted as the date for our Fall Intergroup meeting. St Paul Mac a.m. meeting volunteered to host Intergroup on January 19 and Bloomington volunteered to host on March 16th.

The use of the Band App was discussed. Use of the "**Band Guide**" right in the app was recommended in order to learn about its features including **setting your notifications** and how to **invite people to join** our Band. There are 2 Bands set up currently for use by MinnCoDA. Our Intergroup Band for group reps and officers to communicate about Intergroup business and the Fellowship of MinnCoDA Band for the entire fellowship to use to stay connected to CoDA announcements, download tools and chat with each other. There are currently 42 people signed up on the Fellowship Band.

GSR's are kindly asked to:

1. Join **both** our MinnCoDA Intergroup Band and the new Fellowship of MinnCoDA Band.
2. Take time to familiarize yourself with the app.
3. Help their group members by announcing the Fellowship of MinnCoDA Band at their meetings and by sending invites.
4. Be sure notifications are set so updates are viewed regularly.

Questions regarding Band can be directed to Roxanne M, Karen B, La'Tosia E or Kyna.

Treasurer's Report – Intergroup has \$3243 in our operating budget and \$1000 in the delegate fund. Delegates are invited to turn in receipts to MinnCoDA by Dec 17, 2018 for reimbursement if they have excess expenses from the 2018 CSC not covered by their TRO's from CoDA World. Since the last meeting we have received \$100 from Linden Hills. The Mini Conference brought in \$635 and we sold \$32 in literature. Our expenses included \$514 in literature to sell and the Mini Conference expenses totaling \$32.

Group or personal donations can be mailed to MinnCoDA at 13800 Balsam Ln N, Dayton MN 55327

Work group reports:

- Retreat- Planning will begin this week. Tasks are to find a date and location, develop a format/theme, create a flyer to get the word out asap and create a preliminary to do list and divide up duties. We will put up a to do list on the Fellowship Band of things we'd like help with from the membership.
- Mini Conference- Our first one was attended by 38 people, including 18 walk-ins. 5 people from a women's sober house were given scholarships and had heard about the conference from flyers received at the Walk for Recovery. Surveys indicated people enjoyed the day and made suggestions for future conferences. The venue was recommended for future CoDA event use as they were great to work with. The planning team was thanked for their service!
- Fun Events-
 - Send your event ideas to Judith S or Josine from the group.
 - Some ideas generated at this meeting included using the Three Rivers Park District events like snowshoe hiking as CoDA get-togethers, "service as fun" projects like the Sandwich Project or Second Harvest, potluck/game nights at meeting locations or potluck lunch after Intergroup, ice skating, art events like going to Ladybug Pottery or Paint Nite, fun outings to places like the Victoria Burrow or Whirlyball Twin Cities, and more...
- By-laws- tabled until January. Continue to submit questions, suggestions and ideas to Greg B and Karen B.

Jess T and Todd G were approved to become the new Intergroup Secretary, and the Treasurer respectively. They will both begin their 2 year terms in January 2019.

Meeting closed with the Serenity Prayer and adjourned at 11:20 a.m.

Next meeting: January 19, 2019. Location TBA after December 5th.